

ESA+ TRAINING MODES



By joining to ESA+, you will gain exclusive **access to a variety of new and innovative Training Modes** that have been developed by a team of experienced ex-professionals and coaches. These Training Modes have been designed to offer a comprehensive range of training routines that cater to all levels of fitness and expertise.

Please find in this document, **a product-by-product overview of all of the additional Training Modes ESA+ Members will receive.** Customers will have these uploaded to their product remotely, and will have full access for as long as they are a ESA+ Member.

ICON 3.0



STANDARD TRAINING MODES

Vision

Pass Finder 1, 2 & 3

Pass Finder Plus

Pass Finder N

Maestro

Knockout

Architect

King of the Ring

ESA+ TRAINING MODES

Vision

Pass Finder 1, 2 & 3

Pass Finder Plus

Pass Finder N

Maestro

Knockout

Architect

King of the Ring

Maestro Pro

Decision Maker

Pass Finder React

Architect Vision

Momentum

Playmaker

Trio (8M Only or Bigger)

ICON FAST FEET



STANDARD TRAINING MODES

Vision

Pass Finder 1, 2 & 3

Pass Finder Plus

Pass Finder N

Maestro

Knockout

ESA+ TRAINING MODES

Vision

Pass Finder 1, 2 & 3

Pass Finder Plus

Pass Finder N

Maestro

Knockout

Maestro Pro

Decision Maker

ICON V2



STANDARD TRAINING MODES

Vision

Pass Finder 1, 2 & 3

Pass Finder Plus

Pass Finder N

Maestro

Knockout

Architect

King of the Ring

Dynamic

Beam Repetition

PRESS PANEL ACTIVATION

With ESA+, the ICON V2's Press Panels can also be used for Vision & Maestro, giving you greater opportunity to increase the difficulty of the Training Mode.

ESA+ TRAINING MODES

Vision

Pass Finder 1, 2 & 3

Pass Finder Plus

Pass Finder N

Maestro

Knockout

Architect

King of the Ring

Dynamic

Beam Repetition

Maestro Pro

Decision Maker

Pass Finder React

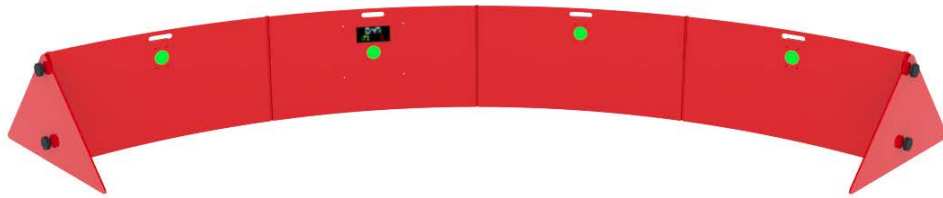
Architect Vision

Momentum

Playmaker

30/30 Vision

ICON Q



STANDARD TRAINING MODES

Vision

Pass Finder 1, 2 & 3

Pass Finder Plus

Pass Finder N

Maestro

Knockout

ESA+ TRAINING MODES

Vision

Pass Finder 1, 2 & 3

Pass Finder Plus

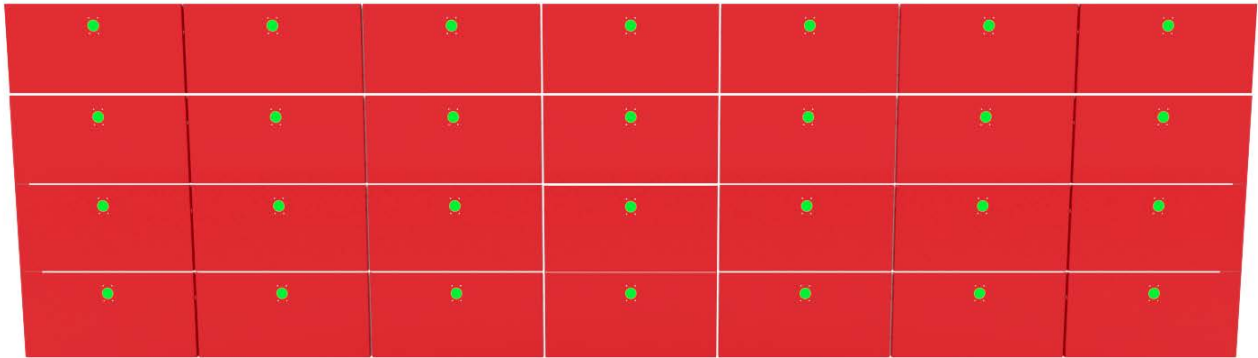
Pass Finder N

Maestro

Knockout

Maestro Pro

PRECISION WALL



STANDARD TRAINING MODES

Vision

Pass Finder 1, 2 & 3

Pass Finder Plus

Pass Finder N

Maestro

Knockout

Wall Knockout

Wall Max

ADJUSTABLE WALL SIZE

With ESA+, you can adjust your 28 Panel Precision Wall into a 9 Panel Precision Wall, allowing you to play with a smaller target. This is great for Training Modes like Noughts & Crosses.

ESA+ TRAINING MODES

Vision

Pass Finder 1, 2 & 3

Pass Finder Plus

Pass Finder N

Maestro

Knockout

Wall Knockout

Wall Max

Corners

Goal Sides

Finisher

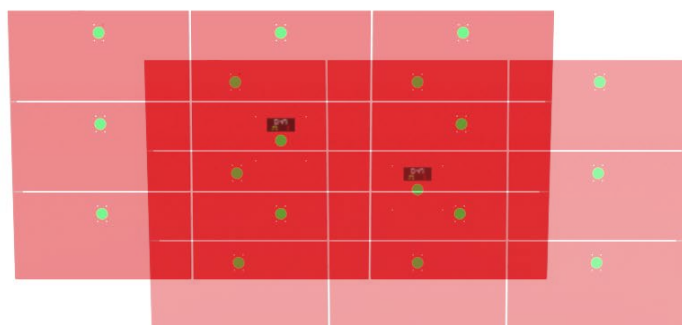
Wall Max Index

Pro Shootout

Noughts & Crosses

Speed Radar Max

DUAL PRECISION WALL



STANDARD TRAINING MODES

Vision

Pass Finder 1, 2 & 3

Pass Finder Plus

Pass Finder N

Maestro

Knockout

Wall Knockout

Wall Max

ESA+ TRAINING MODES

Vision

Pass Finder 1, 2 & 3

Pass Finder Plus

Pass Finder N

Maestro

Knockout

Wall Knockout

Wall Max

Corners

Goal Sides

Finisher

Wall Max Index

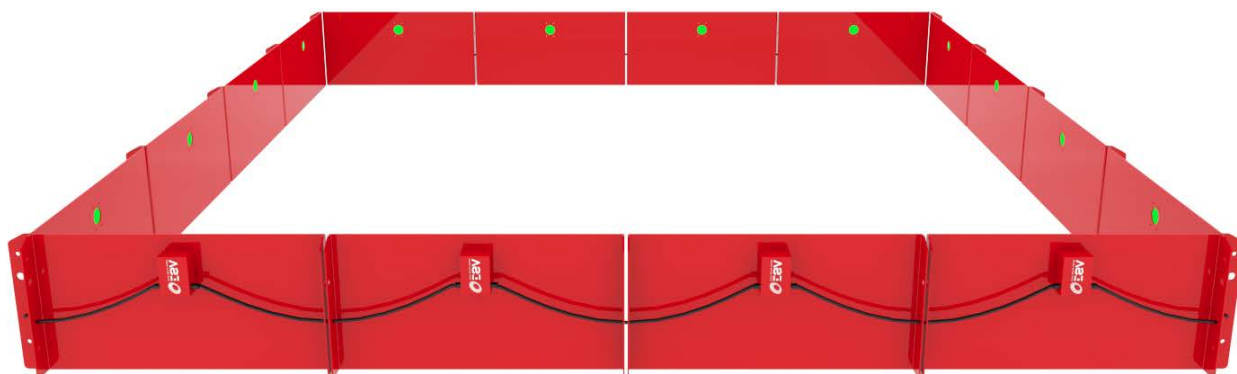
Pro Shootout

Noughts & Crosses

Football

Dual Goal

CUBE



STANDARD TRAINING MODES

Vision

Pass Finder 1, 2 & 3

Pass Finder Plus

Pass Finder N

Maestro

Knockout

Architect

CUBE Repetition

ESA+ TRAINING MODES

Vision

Pass Finder 1, 2 & 3

Pass Finder Plus

Pass Finder N

Maestro

Knockout

Architect

CUBE Repetition

Maestro Pro

Decision Maker

Pass Finder React

Architect Vision

Momentum

WIRELESS CIRCUIT



STANDARD TRAINING MODES

Vision

Pass Finder 1, 2 & 3

Pass Finder Plus

Pass Finder N

Maestro

Knockout

Gate Sprints

ESA+ TRAINING MODES

Vision

Pass Finder 1, 2 & 3

Pass Finder Plus

Pass Finder N

Maestro

Knockout

Gate Sprints

Maestro Pro

Decision Maker

Full Back

Vision Sequence

[Insert Name]