

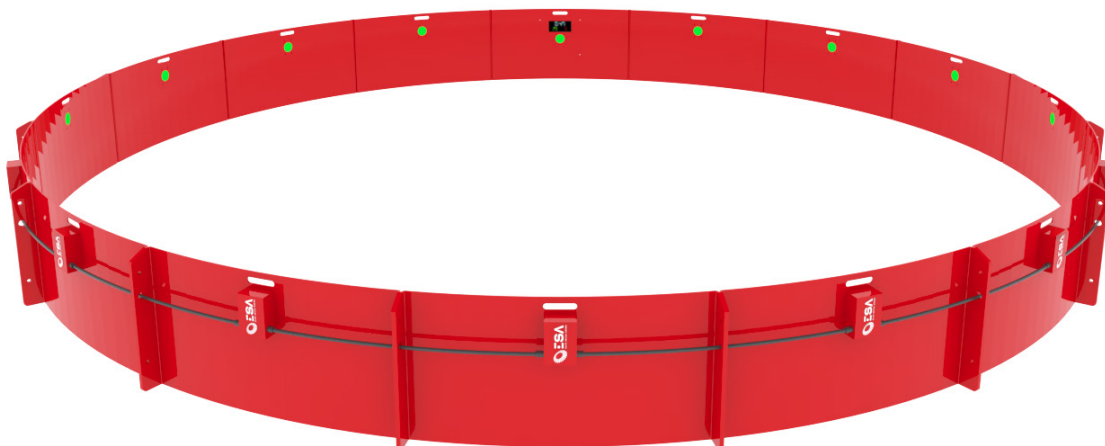
ESA+ TRAINING MODES



By joining to ESA+, you will gain exclusive **access to a variety of new and innovative Training Modes** that have been developed by a team of experienced ex-professionals and coaches. These Training Modes have been designed to offer a comprehensive range of training routines that cater to all levels of fitness and expertise.

Please find in this document, **a product-by-product overview of all of the additional Training Modes ESA+ Members will receive.** Customers will have these uploaded to their product remotely, and will have full access for as long as they are a ESA+ Member.

ICON 3.0



STANDARD TRAINING MODES

Vision

Pass Finder 1, 2 & 3

Pass Finder Plus & N

Maestro

Knockout

Architect

King of the Ring

ESA+ TRAINING MODES

Vision

Pass Finder 1, 2 & 3

Pass Finder Plus, N & React

Maestro

ESA+ TRAINING MODES (CONT.)

Knockout

Architect

King of the Ring

Maestro Pro

Decision Maker

Architect Vision

Momentum

Playmaker

Trio (8M Only or Bigger)

Memory

ICON FAST FEET



STANDARD TRAINING MODES

Vision

Pass Finder 1, 2 & 3

Pass Finder Plus & N

Maestro

Knockout

ESA+ TRAINING MODES

Vision

Pass Finder 1, 2 & 3

Pass Finder Plus & N

Maestro

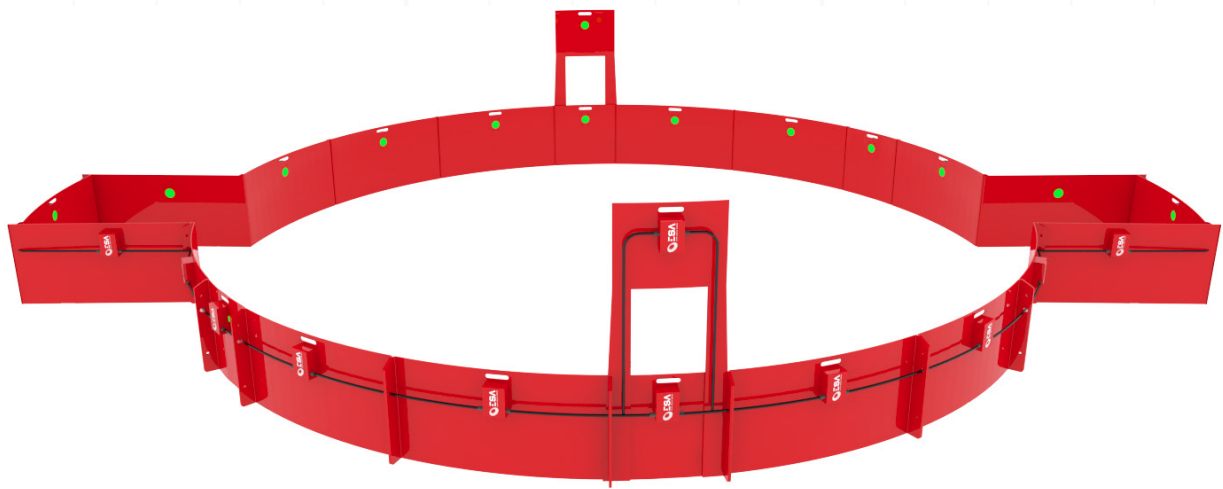
Knockout

Maestro Pro

Decision Maker

Memory

ICON V2



STANDARD TRAINING MODES

Vision

Pass Finder 1, 2 & 3

Pass Finder Plus & N

Maestro

Knockout

Architect

King of the Ring

Dynamic (*Press Panels as Standard*)

Beam Repetition

PRESS PANEL ACTIVATION

With ESA+, the ICON V2's Press Panels can be used for any Training Mode with an *, giving you greater opportunity to increase the difficulty of the Training Mode.

ESA+ TRAINING MODES

Vision*

Pass Finder 1, 2 & 3*

Pass Finder Plus, N & React

Maestro*

Knockout

Architect*

King of the Ring

Dynamic

Beam Repetition*

Maestro Pro

Decision Maker*

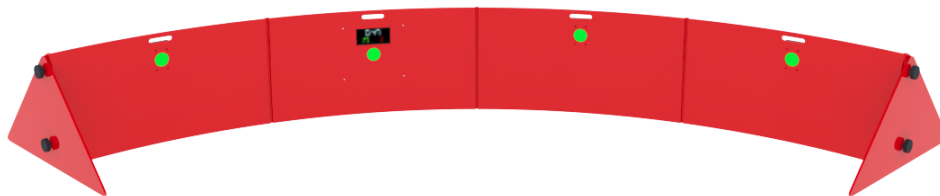
Architect Vision*

Momentum

Playmaker

30/30 Vision

ICON Q



STANDARD TRAINING MODES

Vision

Pass Finder 1 & 2

Pass Finder Plus & N

Maestro

Knockout

ESA+ TRAINING MODES

Vision

Pass Finder 1 & 2

Pass Finder Plus

Pass Finder N

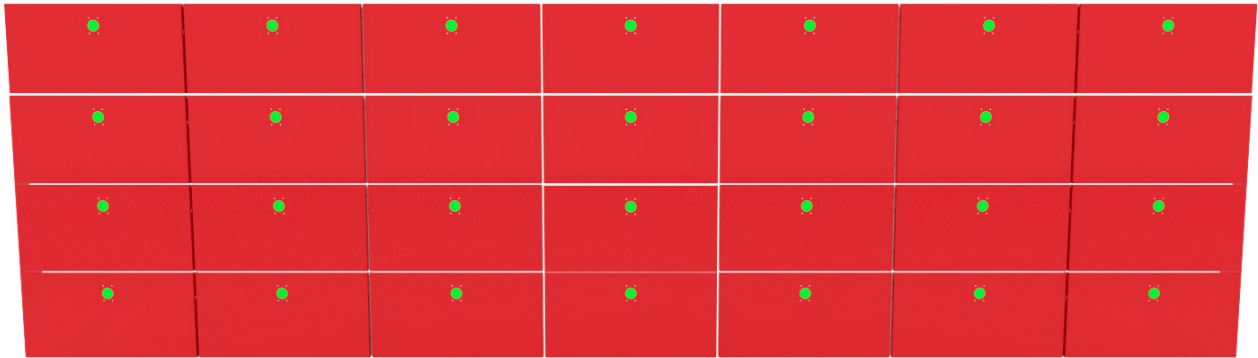
Maestro

Knockout

Maestro Pro

Memory

PRECISION WALL



STANDARD TRAINING MODES

Vision

Pass Finder 1, 2 & 3

Pass Finder Plus & N

Maestro

Knockout

Wall Knockout

Wall Max

ADJUSTABLE WALL SIZE

With ESA+, you can adjust your 28 Panel Precision Wall into a 9 Panel Precision Wall, allowing you to play with a smaller target. This is great for Training Modes like Noughts & Crosses.

ESA+ TRAINING MODES

Vision

Pass Finder 1, 2 & 3

Pass Finder Plus, N & Speed

Maestro

Knockout

Wall Knockout

Wall Max

Corners

Goal Sides

Finisher

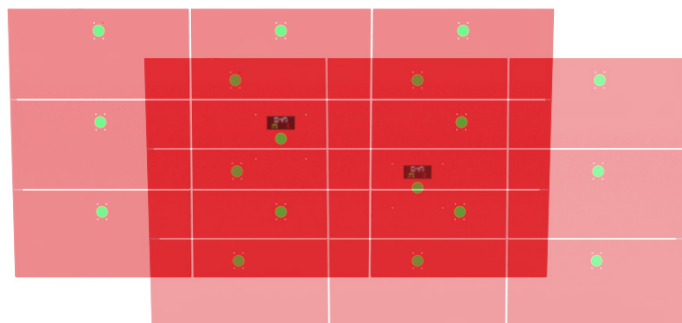
Wall Max Index

Pro Shootout

Noughts & Crosses

Speed Radar Max

DUAL PRECISION WALL



STANDARD TRAINING MODES

Vision

Pass Finder 1, 2 & 3

Pass Finder Plus & N

Maestro

Knockout

Wall Knockout

Wall Max

ESA+ TRAINING MODES

Vision

Pass Finder 1, 2 & 3

Pass Finder Plus & N

Maestro

Knockout

Wall Knockout

Wall Max

Corners

Goal Sides

Finisher

Wall Max Index

Pro Shootout

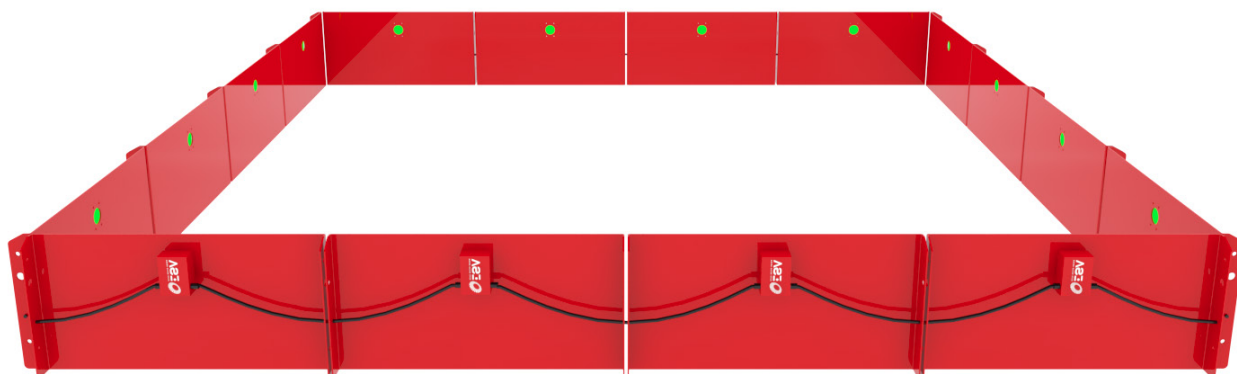
Noughts & Crosses

Football

Dual Goal

Dual Knockout

CUBE



STANDARD TRAINING MODES

Vision

Pass Finder 1, 2 & 3

Pass Finder Plus & N

Maestro

Knockout

Architect

CUBE Repetition

ESA+ TRAINING MODES

Vision

Pass Finder 1, 2 & 3

Pass Finder Plus, N & React

Maestro

Knockout

Architect

CUBE Repetition

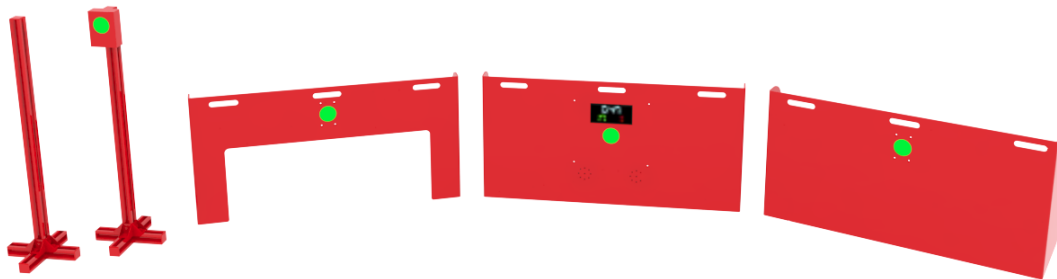
Maestro Pro

Decision Maker

Architect Vision

Momentum

WIRELESS CIRCUIT



STANDARD TRAINING MODES

Vision

Pass Finder 1 & 2

Pass Finder Plus & N

Maestro

Knockout

Gate Sprints

ESA+ TRAINING MODES

Vision

Pass Finder 1 & 2

Pass Finder Plus & N

Maestro

Knockout

Circuit Sprint

Maestro Pro

Decision Maker

Full Back

Vision Sequence

Centre Back

Four Court

Ludo